

**KEITH A. JACKSON, M.D.**  
**8010 Frost St # 503**  
**San Diego, CA 92123**

To all patients:

In a select few patients and during the course of your examination Dr. Jackson may need to do a **nasal endoscopy** or **Laryngoscopy**. These procedures require the use of a small lighted scope placed through your nose to evaluate either your nose or throat. In most cases a small amount of Lidocaine anesthetic spray is placed in the nose and or throat. Additionally Afrin nasal spray is utilized to shrink tissue in the nose for better placement of the scope. The taste of the medications is slightly bitter but will resolve after 10-15 minutes. If you have allergies to Lidocaine or Afrin please let the medical assistant or Dr. Jackson know so that they will not be used. In most cases the procedure takes 60 seconds or less. Dr. Jackson will of course let you know if this is needed and you can ask further questions prior to the procedure. The risks are minimal and very unusual and include possibilities of nasal or throat irritation, nosebleeds, sneezing or coughing. It is reported that Laryngoscopy could potentially cause a choking episode but this has never occurred with Dr. Jackson who has performed thousands of these procedures over 20 years.

This consent authorizes Dr. Jackson to perform Laryngoscopy or nasal endoscopy. He will further explain the procedure to you in the examination room and if you have further questions you may ask them at that time.

Date: \_\_\_\_\_

Signature of patient: \_\_\_\_\_

Printed name of patient: \_\_\_\_\_

Witness: \_\_\_\_\_